AYR & DISTRICT RAMBLING CLUB SUMMER PROGRAMME 2024 (APRIL – SEPTEMBER 2024)

For all walks, meet at Ayr College car park at 8.45am for a 9.00am departure, unless stated otherwise in the walk descriptions circulated to members on Monday evenings.

| DATE | GRADE | WALK TITLE | WALK LEADER |
|-----------|---------|--|--------------------|
| APRIL | | | |
| Sun 7 | В | Barr Trails Circuit | Mattie Templeton |
| | C/C+ | Cumbrae Circular (with option of Nardini's Fish | Ross Green |
| | | Tea Special) | |
| Sat 13 | B/B+ | Saugh Hill Circular, Girvan | Niall Mearns |
| | С | Two Rivers plus Museum breaks - Glasgow | Stevie Lydon |
| Fri 19 to | | Long Weekend at Keswick, Lake District | Various leaders |
| Mon 22 | | Various walks | |
| Sun 21 | С | Irvine Point-to-Point & Bee Haven Peninsula | Ken Carson |
| Sat 27 | B+ | Bishop's Seat, Dunoon | Rick Bamford |
| | C+ | Mugdock Park & Milngavie Reservoirs | Jim & Rona Gilmour |
| | | (train to Milngavie station) | |
| | | | |
| MAY | | | |
| Sun 5 | В | Lanfine and The Plantations | Linda Sommerville |
| | C+ | Bowling to Clydebank (Forth & Clyde Canal) | Barrie Southwood |
| Sat 11 | B+/A | Beninner to Cairnsmore of Carsphairn | Moh Harrats |
| | C or C+ | Irvine Valley Walking Festival | |
| | | (walk to be confirmed) | |
| Sat 18 to | | Walking Week at Torridon, N.W. Highlands | Various leaders |
| Sat 25 | | Various walks | |
| Sun 19 | C+ | Tarbolton – Failford (2 woods in 2 loops) | Alison Mann |
| Sat 25 | C+/B | Dalmellington – Loch Muck Circular | Andy Pine |
| _ | | | |
| JUNE | | | |
| Sun 2 | B+ | Pentlands Four Peaks | Chris Lee & Linda |
| | | | Williams |
| | C+ | River Ayr Way: Stage 1 (Glenbuck to | Ross Green |
| | | Fishermen's Bridge) | |
| Sat 8 | Α | East Mount Lowther - Enterkin Burn Circuit, | David Allison |
| | | from Wanlockhead | |
| | C+ | River Ayr Way: Stage 2 (Fishermen's Bridge to | Ross Green |
| 6 . 46 | | Catrine) | D 0.1/ |
| Sun 16 | В | Kilmacolm – Langbank Circular | Dougie & Kate |
| | 6 | Thurs Davis and Cools Tool A (All) | Graham |
| C-+ 22 | C/A | Three Parks and Cycle Track, Ayr/Alloway | Alma Fisher |
| Sat 22 | B+/A | Well Hill – Pettylung – Black Hill, Durisdeer | Moh Harrats |
| C 22 | C+ | Loudoun Hill Circuit (with option to climb hill) | Mary Hardie |
| Sun 30 | B+ | Beinn Dubh and Glen Striddle Horseshoe | Denis Duke |
| | C+ | Auchincruive – Stair – Enterkine | John Walter |

| JULY | | | |
|-----------|--|---|---------------------|
| Sat 6 | B+/A | Windy Standard and Moorbrock | Rick Bamford |
| 3410 | C+ | Penpont Circular | John Malcolm |
| Sun 14 | B/B+ | Ladyland to Misty Law and back | Caroline McInulty |
| 3411 I4 | C | Prestwick – Troon Circular | Steve McCandlish |
| Sat 20 | В | Glenapp to Ballantrae (Ayrshire Coastal Path) | Richard Lutz |
| 341 20 | С | Clyde Walkway (Newton to Glasgow Central) | Pete Longman |
| Sun 28 | A | Steygail Circular from Dalveen Pass | Roger Coutu |
| 3411 20 | C+ | Knockshinnoch Lagoon Circular, New Cumnock | James Wood |
| | <u>. </u> | Knocksimmoen Lagoon Circular, New Culmiock | James Wood |
| AUG | | | |
| Sat 3 | Α | Beinn Ime, Arrochar | Des Broadley |
| | C+ | River Ayr Way: Stage 3 (Catrine to Annbank) | Ross Green |
| Sun 11 | B+ | Lamington to Whitelaw | Denis Duke |
| | C+ | Ayr to Dunure (Ayrshire Coastal Path) | Mattie Templeton |
| Sat 17 | Α | Glen Finlas Horseshoe (near Luss) | David Allison |
| | С | Clyde Walkway (Hamilton to Newton) | Pete Longman |
| Sun 25 | В | Big Hill of Glenmount (from Round House) | Helen Allison |
| | C+ | River Ayr Way: Stage 4 (Annbank to Ayr) | Ross Green |
| Sat 31 | В | Law Hill – Blackshaw Hill Circular | Brigid Boyle |
| | C+ | Greenock Cut | Ken Carson |
| SEPT | | | |
| Sun 8 | В | Carrick Hills Circular from Dunure | Lorna Cullen |
| Juli 8 | C+ | Lochwinnoch to Johnstone | Barrie Southwood |
| Fri 13 to | CT | Long Weekend at Aviemore | Various leaders |
| Mon 16 | | Various walks | various leaders |
| Sat 14 | C+ | Different Barr Trails Circuit! | Moh Harrats |
| Fri 20 | C/C+ | Glasgow Doors Open Days | Ken Carson & Team |
| Sat 21 | | (Interest walks on 3 days) | |
| Sun 22 | | | |
| Sun 22 | B+ | Cairnsmore of Fleet Circular | Lawrie Richmond |
| Sat 28 | B+ | Auchengibbert Hill Circular, Tynron | John Malcolm |
| | C+/B | St John's Town of Dalry to Blackwater Bridge | Janice & Joe Clarke |

Walk grades (these are intended only as a guide, in particular with regard to length of walk):

- A+ For the very experienced and very fit. Very strenuous, walks are often over high ground e.g. 3, 000ft, sometimes in very exposed conditions. Very steep mountain ascents and descents may be involved. Walks may be over 15 miles.
- A Strenuous, for the fit. Usually over hilly and rough terrain. Steep ascents and descents may be involved. Typically 10+ miles.
- **B+** Moderate to strenuous. Not over 2,000 ft. Although easier than A walks, at least one feature of an A walk may be involved. Typically 10–13 miles.
- **B** Moderate. Usually moorland or lengthy low-level walks. Usually 9–12 miles.
- **C+** Easy to moderate. Mostly on level ground, but could involve either short uphill sections or rough ground. Usually 6–9 miles.
- **C** Easy. Mainly level ground, usually on paths, tracks, or minor roads. Usually 5-7 miles.